

**HEALTHCARE MINISTRY OF ST JOHN'S EPISCOPAL CHURCH -SPRINGFIELD GARDENS - QUEENS
SALUTES ST JOHN'S ON THE 85TH ANNIVERSARY YEAR OF THE CHURCH.(10/11-10/12).
DATE: SEPTEMBER 18TH, 2012.**

We also want to give you a peek into our evolvement over the last 12 years. A quote from Mother Teresa best describes our Ministry - "Small things done with great love bring joy and peace" The Healthcare Ministry was established in October of 2000. This was part of the vision of the second Rector of St John's, The Reverend Gerald Shelton Collins, who saw the need. There were six members, including Catherine Ammons who has since re-located to another State; Agnes Tull, now deceased; Edith Moore, Sybil Jeffrey members; Monica Leslie-Harrison and Cynthia Stephens, Chair and Co- Chair.

Since then we have added two new members, Eutrice Belfon and Eleanor Robinson. We sought the guidance of NEHM (National Episcopal Health Ministries), and joined the membership in November of 2002.

Since the inception of our Ministry the objectives were and still are :

1. To educate and provide another resource for the community
2. To listen and reinforce the healthcare provider programs
3. To offer encouragement and referrals through screening
4. To support our St John's family, emotionally, by phone calls, visitations, escorts, etc.

Activities include, workshops on:

Bioterrorism
Nutrition
Cancer of the colon
Alzheimer's
Hypertension
Stroke
Diabetes mellitus
Breast cancer

Blood pressure measurements every 4th, Sunday and upon request.

We have partnered with New York Medical & Diagnostic Center, Kew Gardens, and they have participated in two fairs and are planning to do a workshop on the non-surgical treatment of osteoarthritis in the future. Our plan is to conduct at least one workshop every year.

Two years ago our web page was launched, thanks to the hard work of our team and the tireless work of our webmaster Ms Sharon Hunter. You will find useful health education there. Health education in the form of brochures, magazines, etc may also be found on a table in the Undercroft.

In closing we want to wish everyone good health and a happy life recipe.

All you need is:

4 cups of love
2 cups of loyalty
2 cups of forgiveness
1 cup of friendship
5 cups of hope
2 spoons of tenderness
4 quarts of faith
1 barrel of laughter

Directions:

Take love and loyalty,
mix it thoroughly with faith
Blend it with tenderness, kindness and understanding
Add friendship and hope
Sprinkle abundantly with laughter
Bake it with sunshine
Serve daily with generous helpings.
GOD BLESS YOU ALL.

Members:

Eutrice Belfon

Sybil Jeffrey

Edith Moore

Monica Leslie-Harrison

Eleanor Robinson

Cynthia Stephens